



Ganesh N Rajan

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Qualification: BE (EE), MS (Econ.) MBA

Publications:

God Flipped Me Off (Fiction, Notion Press)

Being Here Now (Non-fiction. 2nd Edition. 1st Edition published as: I, Me and Us – Westland)

Website: <https://www.beingherenow.in>

Ganesh was diagnosed with schizophrenia in his late teens, circa 1980. He experienced florid symptoms of the condition, including hallucinations and delusions. The symptoms receded after three years of treatment; however, many allied issues like social withdrawal, inappropriate emotions, and low self-esteem remained. Nevertheless, he overcame much of the secondary distress of the affliction through sheer serendipity and some self-analyses besides newer antipsychotics. He is 65 years old and has been on some form of treatment for over 45 years.

Ganesh participated as a speaker and panelist at the Early Psychosis Intervention Conference (IEPA 14) in Lausanne, Switzerland. Furthermore, he is on the Lived Experience Advisory Panel (LEAP) of the Schizophrenia Research Foundation (SCARF), India, participating in PIECES, a community research program, and contributing to DIALOG+, a computer app-based recovery study. In another facet of research, he is the India 'Lead' of the Lived Experience Advisory Board (LEAB) for INTREPID III, an ambitious research program of King's College, London, that extends over five years. Ganesh also contributed to developing a charter for policies on mental health in a workshop conducted by WHO, South-East Asia.

He moderates Eklavya's online English self-help support group.