

Smita Anand Godse

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Qualification: Diploma in Counselling by CYDA Pune
in collaboration with TISS Mumbai.

Experience: 21 years of experience as Mental health Volunteer.



Awards/certifications: On women's day 2010 , Maharashtra Brahman seva Sangh felicitated Smita Godse for the contribution in social work regarding mental health services by the hands of Hon. Mukta Tilak -- the Mayor .

Seema Uplekar who is associated with WHO , felicitated Smita Godse for working for the noble cause on the occasion of women's day 2022 by her private trust .

Brief summary:

Basically a home maker, thought of contributing something to the society . As the children grew up , she had ample time to spare for some social work .. She heard a talk show on radio station in 2001 by Pro. Anil Vartak and came to know about mental health issues and decided to volunteer for SAA . Participated in various training programs regarding mental illnesses, restoring mental health and about conducting the support group meetings etc . Joined conferences, seminars and workshops regarding mental health in Pune , Mumbai , Chennai , Bangalore etc . She expresses her gratitude to SAA for the opportunity and exposure given to her for volunteering for 20 years .

Participate in creating awareness programs and stigma removal programs in different places .

Smita Godse is the secretary of Eklavya foundation for mental health and conducts regular Eklavya support group meetings for shubharthis.