

Prof. Dr. Anil Vartak

Contact : 9503710859

Mail ID: avartak@yahoo.com

Qualification: M.A, M.Phil,Ph.D

Experience: 27 years



Awards/certifications: sangharsh sanman puraskar award instituted by Dr. Anita Avchat foundation Pune 2005, Media for mental health award instituted by Schizophrenia research foundation (SCARF), Chennai in 2019, Completed Diploma in human rights and mental health legislation organized by ILS Law college Pune and WHO, Approved area leader of Recovery International Organisation, project coordinator Essence program related to Involvement of patients and caregivers on policy initiatives.

Publications: मानसिक आजारातून सावरताना (5th edition) English version - Tried and tested methods to regain mental health, several small booklets on issues related to mental health, more than 100 Informative articles in newspapers and magazines, submitted PhD dissertation in economics of mental health, few articles were published in international journals related to mental health NGO's and also reviewed some of WHO publications

Brief summary:

Informed by personal experience related to mental health issues Anil decided to work with Self-help group for patients and caregivers later it became a passion for Anil to support members in the group and expand its activities he founded Eklavya Self- help group in Pune and now is founder president of Eklavya foundation for mental health. Knowing importance of awareness and stigma removal he is keen to develop novel initiatives to expand support group awareness and stigma removal activities in different part of Maharashtra. In the last 25 years he has participated in some of the international conferences / workshops in USA, Japan, Thailand, Malaysia and have participated in several conferences/ workshops in Delhi, Bangalore, Bhopal, Indore, Ahmdabad, Jaipur and so on. His vision is to make these activities available in different parts of Maharashtra.